

Welcome to the Grange Squash Club. Please find below some information on our very fine club. If you have any questions please feel free to contact the relevant committee member listed below. Cheers.

Club Facilities

Three courts totally refurbished recently with viewing balcony. Heating controlled by thermostat and well lit. Changing facilities with showers are accessed with the key you will be provided with on joining the club. There are lockers for safe keeping valuables and bags whilst on court. After your game you would be very welcomed in the bar upstairs, (open every evening and during the afternoon over the weekend). There is parking at the club and this is accessible 24 hours. Your key will give you access should the gates be closed. In addition we have an agreement during the winter leagues to have use of overflow courts near the club for the odd day when it gets very busy during the peak evening times.

Along with the squash club, the Grange homes tennis, cricket and ladies & men's hockey clubs. Many members of the squash club are also members of these other clubs.

Booking system

We also run an excellent on-line booking system that allows you to book games up to 2 weeks in advance. In addition you can connect to the booking system from a computer in the squash courts. A monitor in the squash courts reminds you which court you booked!

When you can play

The courts are available between 10am and 10pm 7 days a week (except on the odd days when the whole club is closed or reduced hours such as Christmas Day, Hogmanay etc). Playing times are split into 45 minute slots.

What to wear

If you are new to squash I would recommend loose fitting clothing to allow easy movement. Those of us who get a little sweaty also choose to wear sweat bands or bandanas. A small towel can also be beneficial. Clearly if you do not get sweaty you're not trying hard enough!

Whether new or not, all players must only wear gum coloured non marking squash shoes. These shoes must not be worn outside the club and must be kept clean. **This is for your safety.**

Kit

Double yellow dot squash balls and grips can be purchased from behind the bar and there are a few spare racquets available should you break a string during a game. The club sells Grange Squash t-shirts (£8) and excellent hoodies (£16). You'll see these being worn by many members both on the courts and around town but are by no means compulsory! There are a couple of members who carry out re-stringing services should you need this and who will conveniently collect and return your racquet from / to the club.

Guests

Guests are welcome for a nominal fee of £2 a game but you are limited to bringing 1 guest a month and we ask that you only bring the same guest 3 times in any 12 month period. Guests need to be signed in and payment made in the bar or left with the club steward outside bar hours.

Lessons

Club professional Mike Hall is on hand throughout the week to give you one on one lessons whatever your level of play. Mikes contact details are shown overleaf.

Juniors

There is a Juniors club run on Saturday afternoons by John Bain and Fiona Maclaren. For more information, please contact John or Fiona on the contact details overleaf.

Leagues (mixed)

Throughout the year the club runs mixed leagues that allow all standards of players to get games with players of similar ability. Leagues are usually made up of 5 or 6 players with each league lasting 4 (winter) or 6 weeks (summer). Each match is the best of 5 games and a very clever scoring system has been created to allow you to progress through the leagues. This season there were 16 leagues with the bottom catering for beginners and the top for those who play top division squash. Under 18 year olds are welcome to join the leagues but need to be accompanied by a parent or legal guardian. £7 payable once you have joined gets you into the mini-leagues and all internal competitions for the year.

Ladder

The top 32 players in the club are added to the squash ladder.

Competitions

Along with the leagues there are a number of competitions played throughout the winter season (September to April). These range from mixed handicapped competitions playing American scoring that allows games between players in several leagues apart to open club championships where the best player wins. Much silverware, squash equipment and bottles of plonk and of course the important club kudos available to be won.

Teams

There are currently 5 open/men's teams and 1 ladies team playing in the East of Scotland Squash leagues and with a possibility of further teams being created this year. Matches are played against other clubs in and around Edinburgh. For more details contact the committee member below.

Club Night

Each Friday is club night, where you can turn up and play whoever else turns up. Each game lasts 15 minutes and you play as many games as you want before retreating to the bar to discuss...or not.

Social Events

Throughout the year the squash club and main club arrange a number of social events ranging from quizzes and discos to dinners and an excellent fire work display in November. Guests are welcome to all these.

Who to contact

Alastair Ross	General queries	squash@grangeclub.co.uk
Karen Kennedy	Club Teams – Ladies	squash@grangeclub.co.uk
Alasdair Gordon	Club Teams – Men	squash@grangeclub.co.uk
John Bain	Juniors	squash@grangeclub.co.uk
Mike Hall	Coach / lessons	mike_hall_99@yahoo.com
Margaret Mccullim	Grange Club Steward	Tel: 0131-332-2148

What it costs to join

The fees are set by the Grange Club and are very competitive. The cost depends on type of membership and number of sports joining. Please visit the "Fees" link on the website www.grangesquash.co.uk to download the relevant form.

What to do next

If you have any queries or wish to visit the club, please send an email to squash@grangeclub.co.uk.

If you would like to join the club, please complete the New Member Application Form and return it to the address at the bottom of this page.

Thank you